

FLEXIBLE SUPPORT

Individualised
support when and
where you choose
in the Sutherland
Shire



Tel: 1300 244 577

sylvanvale.com.au/flexiblesupport/

WHAT WE OFFER



Flexible Support is ideal for adults (18 years and over) wanting support to build their independent living skills or to access social, recreational and civic activities.



**BUILDING SKILLS
AT HOME OR
IN THE COMMUNITY**



**ASSIST WITH
MONEY MANAGEMENT
AND BUDGET**



**ASSISTING WITH
COMMUNICATION**



**TRAVEL
TRAINING**



**SOCIALISING
AND OUTINGS**



**PERSONAL
CARE**



APPOINTMENTS



**TENANCY
SUPPORT**

WHERE IT HAPPENS

Our team can support you in a location of your choice within the Sutherland Shire:

Support can happen:



AT HOME

Life skills, respite, therapy or personal care, day or night, through the week or on the weekend



IN COMMUNITY

Support to attend activities, events or to improve communication and social skills



AT WORK

Finding and keeping a job, work or volunteer experience or personal care and communications support in the workplace



Our dedicated and highly skilled team works in partnership with the people we support to achieve their goals.

For more information on Flexible Support please contact our Service Planning Team on:

Tel: **1300 244 577**

Email: **customers@sylvanvale.com.au**

Find out more at
sylvanvale.com.au/flexiblesupport/

For people with hearing or speech loss

TTY: **1800 555 677**

Speak and Listen: **1800 555 727**

For people who need help with English

TIS: **131 450**



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