

Sylvanvale Social Club

August 2026

Monday	Tuesday	Wednesday	Thursday	Friday
3 Aug Ten Pin Bowling Southgate 	4 Aug	5 Aug Como Pleasure Grounds 	6 Aug Lunch at Kirrawee Chinese 	7 Aug Sydney Disability Expo 
10 Aug Art Gallery of NSW 	11 Aug	12 Aug Playing Pool at Northies 	13 Aug Ten Pin Bowling Southgate 	14 Aug Timezone  
17 Aug Australian Museum  	18 Aug	19 Aug Paddy's Markets  	20 Aug Lunch at Noodle Hut Miranda 	21 Aug Movies  
24 Aug Ferry to Bundeena 	25 Aug	26 Aug Cronulla Esplanade 	27 Aug Lunch at Club on East 	28 Aug Botanical Gardens 
31 Aug Fishing at Gunnamatta 				

Additional Information

All outings depart from Multi Purpose Centre.
 Arrive at 9am.
 Pick up by 3pm.

Please bring the following every day:

- Opal Card
- Bottle of water
- Packed lunch / money to purchase lunch
- Wear comfortable walking shoes

Activity Costs 

Activity subject to change due to weather.